



## Broadoak Boredom Busters



Give gentle encouragement to someone who needs it.	Make someone you love a cup of tea. Why not sit down and have a chat whilst they drink it.	Make some pancakes. Tuesday 16 <sup>th</sup> Shrove Tuesday / Pancake Day	Say thank you with the biggest smile.  It's always nice to be appreciated and to show appreciation.
Make someone a Valentine's Day card. Sunday 14 <sup>th</sup> – Valentine's Day	Find out about upcoming Fairtrade Fortnight. https://www.fairtrade .org.uk/	Say sorry to someone you need to.	Go for a stroll in nature. Notice the changes happening as we go into spring. Try looking for snowdrops.
Host your own 'Masked Singer' night. Put on a costume and sing Karaoke with your family.	Create a piece of lockdown art to reflect the positives of this time.	Make a nestbox.  www.nestboxweek.c  om/ or a bug house	Show your pet some attention. Take them for a walk, give them a bath or brush.  Saturday 20 <sup>th</sup> – Love your pet day.



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B B	Create a positive picture based on the film Up! Write something positive in each balloon.	Make someone laugh.	Spring is coming! Plant a seed and watch it grow. 5 seeds to sew in February (you could use seeds from a tomato!)	Margi Gras in Tuesday 16 <sup>th</sup> February. Make a Mardi Gras Carnival mask with lots of colour and feathers.
	Make a birdfeeder from a toilet roll inner, peanut putter and nuts and seeds	Design a cartoon picture, storyboard or animation about your dream half term holiday!	Learn a dance and then teach it to a family member.	Research a place or country you'd like to visit. Find out some interesting facts to share with family.
100 W V	Saturday 20 <sup>th</sup> February is also Cherry Pie day – make your family a cherry pie (or use a different fruit!)	Wrap up warm and wash the car!  Treat yourself to a hot chocolate afterwards.	Research a new recipe and cook or bake your family a cake/ lunch or tea Your efforts will be appreciated.	Tech free day ~ Play games; Monopoly, Uno, cards, connect 4. Do a puzzle, draw, paint, bake, talk to family and friends.