



**START
YOUR BRONZE
DOFE**



What is the DofE?

The DofE is a life-changing adventure.

You make it: The DofE is as unique as you are

Millions of young people in the UK have already done their DofE.

Now it's your turn.



A person is holding a large, light-colored sign with the word "WELCOME" in large, white, bold, sans-serif capital letters. Below "WELCOME" is the text "to Doff" in a smaller, white, sans-serif font. The person is wearing a light blue t-shirt and dark blue pants. The background is a blurred outdoor scene with a large, light-colored building with a gabled roof and a dark doorway. The overall lighting is soft, suggesting an overcast day.

WELCOME
to Doff

What are the benefits?

You can expect to see your child develop in the following areas as they work through their DofE programme:

- Self-belief and self-confidence
- A sense of identity
- Initiative and a sense of responsibility
- A real awareness of their strengths
- New talents and abilities
- The ability to plan and use time effectively
- Learning from and giving to others in the community
- Forming new friendships
- Problem solving, presentation and communication skills
- Leadership and teamworking skills.



What will I do?



You can also receive the **DofE Certificate of Achievement** for doing the volunteering, physical and skills but missing out the expedition.

Volunteering section

Take action and make a difference to the causes you care about

Help others and change things for the better

e.g. coaching a local football team or collecting items for a foodbank

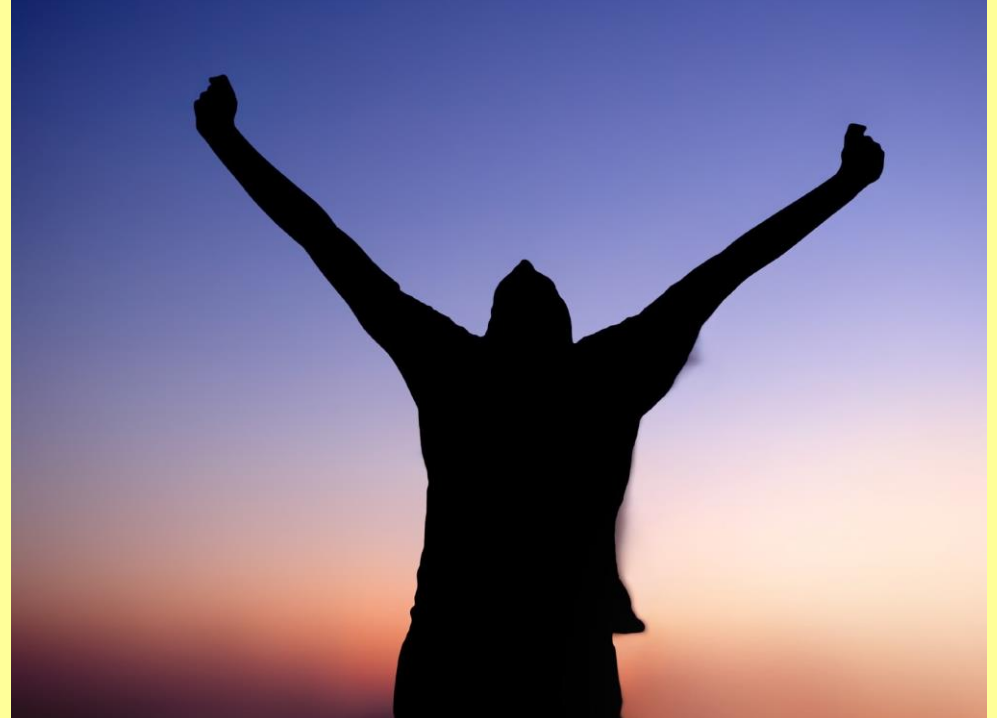


Physical section

Take part in whatever
Sport, dance or fitness
activity you would like

Get fitter and have fun
along the way!

e.g. cycling, rugby,
gymnastics, badminton...



Skills section

Devote yourself to improving your skills in the things you love to do

Discover new passions and develop talents you didn't know you had

e.g. computer coding, cooking, languages



Expedition

Explore the great outdoors
and spend a night away
from home

Create memories that
will last a lifetime



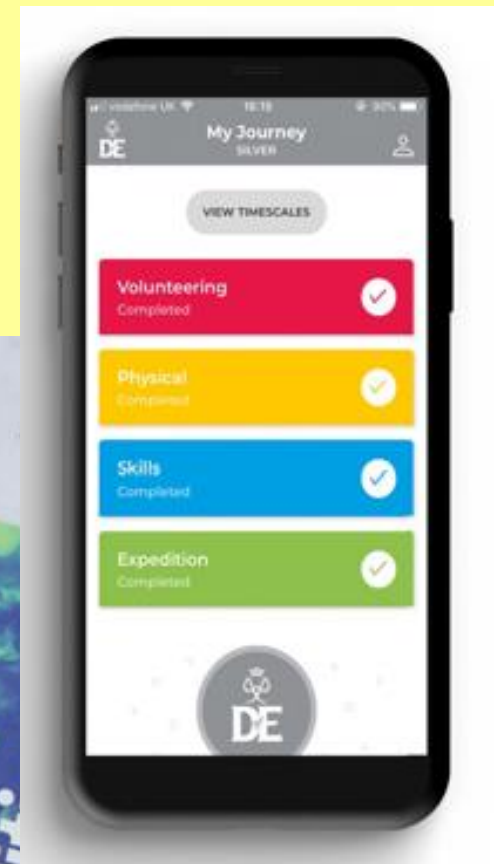
Key dates:

Tuesday 18 th October	Parent's information evening
Friday 11 th November	Sign up deadline (online form)
Friday 18 th November	Parent pay £24 deadline
Wednesday 9 th November	After school session - ideas and getting started
Wednesday 16 th November	After school drop in session
Wednesday 23 rd November	After school session - eDofE logins
Wednesday 14 th December	After school session - Progress
Wednesday 18 th January	After school session - Assessors reports/ activity logs
Feb/March	Expedition training (map skills, route plotting, cooking, bag packing, tents)
March/April	Navigation training - off site
May	Qualifying expedition

Once you have signed up, you will receive a **Welcome Pack**

You will get your own **eDofE account** and can use the eDofE app

You will also receive a **DofE card** to get money off in several shops where equipment can be bought



Parents/Carers What you can do to support your child

It's personal: Help ensure that the activity choices they find are exciting, but realistic for your budget, transport and local facilities.

Get the evidence

Remind them to keep gathering their evidence, e.g. photographs/certificates, and uploading it to eDofE.

Help find an Assessor

Every young person needs to find an Assessor to sign off each DofE section.

The Assessor can be anyone who knows about or organises the activity. It might be the gym or sports instructor, art teacher, club or volunteering event organiser and so on. It cannot be a family member

Parents/Carers What you can do to support your child

Talk to them about their experiences

This will help them focus on their activities, see the benefits and share their journey with them

Prove it

As their programme comes to an end you can remind them to make sure their Assessors write their reports so that they can complete the section.

Use it

Ensure they include their DofE involvement and achievements in their CV or personal statement.

Are you ready to start an
adventure you'll never forget?

1. Take the letter home
2. Fill in the sign-up form on SMHW
3. If you have any questions, please ask Miss Kasht, Dr Sneezum, Mr Dunn or Mrs Ball