

# Enrichment Week Programme

15<sup>th</sup> – 19<sup>th</sup> July 2024



Cabot  
Learning  
Federation



## **Welcome to the Curriculum Enrichment Week Programme for 2024**

The week commencing Monday 15<sup>th</sup> July, normal school timetable will be suspended. Students and staff will spend the week participating in a variety of curriculum activities not normally available during the school day. The days are an opportunity to increase the breadth and depth of the education we offer and to enable students to take part in a wide range of new and different experiences. We have tried to ensure there are a broad range of activities both in terms of interest and cost and many of the activities are free of charge.

***Some of you may already have chosen to go to on one of the residential trips so you do not need to make any choices from this programme.***

### **Attendance**

We regard these days as an important part of your education and an opportunity to develop relationships. We, therefore, expect full attendance and for parents to follow normal procedures regarding absences.

Students do not need to wear uniform; sensible, activity appropriate clothes may be worn.

### **Choosing Activities**

- All activities are listed on the following pages.
- Students need to choose what they would like to do by rating the activities 1 to 10
- Many of the activities are available both morning and afternoon so wherever possible, we will try to allocate first choices.
- Choices must be made by either clicking this link <https://forms.office.com/e/96Tz4W15g1> or completing the form on the last page, which should be detached and returned to Mrs Donoghue in the Main Office no later than **Friday 7<sup>th</sup> June**.
- Please note that if we gain more interest than there are places, for fairness and equality purposes, names will be drawn from a hat.
- *If students don't return their forms by the deadline, activities will be allocated for them.*

After you have chosen your activities, we will inform you what you have been allocated and ask for payments to be made, where applicable, by Friday 28<sup>th</sup> June. *If there are insufficient contributions, then some activities may be cancelled.*

All payments can be made via parent pay or you may request a bar-coded letter from the finance office to pay at a pay point.

All students are expected to meet our high standards of presentation and behaviour in school and while on trips by doing the following each day:

- Arrive on time to each session so you do not miss the introduction and instructions
- Demonstrate courage and push yourself out of your comfort zone and try something new
- Make the right choices everyday by turning up prepared and ready to participate
- Be proud to represent your House and Broadoak, both in school and while out in the wider community
- Always respect the environment you are in, either in school or on a trip or residential visit

The Academy has the right to withdraw students from activities if they fail to meet these expectations. The final decision rests with the Principal.

We very much look forward to a fun-filled week.

## CURRICULUM ENRICHMENT WEEK 2024



### **BARCELONA 15/07/2024 – 18/07/2024 (4 days / 3 nights)**

**Full**

This includes:

- Full board accommodation (all meals included)
- All activities
- Varied evening entertainment



### **PGL TREGOYD HOUSE ACTIVITY CENTRE – 14/07/2024 – 17/07/2023 (4 days / 3 nights)**

**Full**

This includes:

- Accommodation
- All meals
- All activities



### **ALTON TOWERS**

Our 10 main rollercoasters are the stars of the show, each with record-breaking elements designed to thrill and delight anyone brave enough to ride.

Cost: £48

Spaces: 60

Day: Monday

Time: All day



### **WEST MIDLANDS SAFARI PARK**

Join us for a fun, action packed day at the park which holds over 165 species of exotic animals and features other attractions such as the adventure theme park.

Cost: £31

Spaces: 60

Day: Monday

Time: All day



### **WALK AROUND BREAN DOWN**

Come and join us for a walk around Brean Down, visiting the fort and enjoying the scenery.

Cost: FREE

Spaces: 15

Day: Monday

Time: All day



### **MENDIP WATER SPORTS & ASSAULT COURSE**

Mendip Water Sports Centre, try your hand at paddleboarding and fun on the assault course.

Cost: £51.50

Spaces: 60

Day: Monday

Time: All day



### **MENDIP ACTIVITY COURSE**

At Mendip we will enjoy a day of activities including Team Building, Archery active and Frisbee golf.

Cost: £51.50

Spaces: 60

Day: Tuesday

Time: All day



### **U19'S CHELTENHAM CRICKET**

A highlight of the summer and an unmissable opportunity for any cricket fan to experience the longest running cricket festival in the world.

Cost: £35.00

Spaces: 20

Day: Tuesday

Time: All day



### **THORPE PARK**

THORPE PARK Resort is the ultimate destination for thrill seekers featuring some of the UK's most popular roller coasters and amusement park rides.

Cost: £47

Spaces: 60

Day: Tuesday

Time: All day



### **CHESSINGTON WORLD OF ADVENTURE**

Britain's Wildest Adventure. Theme Park, Zoo & SEA LIFE aquarium,

Enjoy three new theme park rides, including the world's ONLY Jumanji rollercoaster Mandrill Mayhem.

Cost: £44

Spaces: 60

Day: Tuesday

Time: All day



## **ADVENTURE BRISTOL – NOW BRISTOL ZOO**

Adrenaline fuelled outdoor activities to take your breath away.

Cost: £37  
 Spaces:60  
 Day: Tuesday  
 Time: All day



## **ADVENTURE BRISTOL-ASHTON GATE TREETOPS**

Come and enjoy the treetops with 3 levels of walkways, zip lines and jumps, laser tag and racing flintstone cars. Situations survival, crack code and solve problems whilst exploring deer parks and Ashton Court estate, including axe throwing, and toasting marshmallows.

Cost: £33  
 Spaces 60  
 Day: Wednesday  
 Time: All day



## **DISNEY'S ALADDIN MUSICAL AND LUNCH AT Za Za BAZAAR.**

Come along on this magic carpet ride (Great Western Rail), to visit a whole new world (Bristol Harbourside) for a day filled with theatre, flavour, and fun! The train will take us to Temple Meads where we will walk through the city centre to the Harbourside for lunch at Za Za Bazaar - the all you can eat buffet where you can enjoy an amazing variety of world foods, cooked fresh by top chefs in a unique atmosphere. Then on to the Bristol Hippodrome to watch Disney's enchanting Aladdin Musical filled with unforgettable magic, comedy, breathtaking set and dazzling costumes.

Cost: £41  
 Spaces: 20  
 Day: Wednesday  
 Time: All day



## **CARDIFF INTERNATIONAL WHITE WATER**

Our white-water rafting course is for everyone, so whether you have had training or you are a complete novice, you will enjoy the whole experience.

Cost: £45  
 Spaces: 50  
 Day: Wednesday  
 Time: All day



### **REVO GOLF & ICE CREAM**

Revo Glo **Golf** is a glow in the dark crazy **golf** course located on Weston Seafront, enjoy a well-deserved ice cream after you've aced a hole in one or just enjoyed the game.

Cost: £10  
Spaces: 50  
Day: Wednesday  
Time: All day



### **BEAR TRAIL**

30 obstacles, unlimited mud! An award-winning mud-fest of an attraction, The Bear Trail is a family-friendly mud-run obstacle course set on a 10-acre site.

Scramble over the bear nets, zoom down the zip wire, and tumble through the tunnels. Tackle the assault course together as many times as you like; this is a mighty mudder for all ages.

Cost: £19.20  
Spaces: 60  
Day: Wednesday  
Time: All day



### **PUXTON PARK**

A brilliant day out with the kids whether you want adventure, leisure or play. Visit the animals in our farm park and discovery barn and get high on adrenaline racing around our pedal kart tracks.

Cost: £10.70  
Spaces: 60  
Day: Wednesday  
Time: All day



### **SKIRMISH PAINTBALLING**

Enjoy the best paintballing experience ever at Skirmish. They have tanks, helicopters, fortresses, a cowboy town and a Zulu village to make the day the best possible.

Cost: £32.20  
Spaces: 60  
Day: Thursday  
Time: All day



### **THE GRAND PIER**

Enjoy the walk down to the amusements, enjoy over 500 arcade games and fun rides. Bring some money to enjoy and ice cream.

Cost: £13.50  
Spaces: 40  
Day: Thursday  
Time: All day



### **NOAH'S ARK**

Enjoy our Zoo experience, see a wide range of animals from African Elephants & Lions to African Fat-tailed Gecko and lots more. Get lost in our wildlife maze & mini maze.

Cost: £15.20  
Spaces: 60  
Day: Thursday  
Time: All day



### **BREAN THEME PARK**

We have over 40 attractions including indoor and outdoor Roller Coasters, Wild Waterlog Flume, Dodgems, Crazy Boats, Wipe Out, JetSpin, Waveswinger, and the UK's best Ghost Train – Terror Castle!

Cost: £20.70  
Spaces: 60  
Day: Thursday  
Time: All day



### **NINJA WARRIOR**

The Ninja Warrior UK TV show is great family entertainment and is both inspiring and aspirational, which is why ITV and its partners have created different types of Ninja Warrior UK supervised activity and fitness venues across the UK, all geared to wide age and ability ranges.

Cost: £28.70  
Spaces: 60  
Day: Friday  
Time: All day



### **ROYAL AIR TATTOO**

At RIAT 2024 we will deliver an eclectic mix of aircraft on both flying and static displays, focusing on our various themes,

Cost: £15.00  
Spaces: 130  
Day: Friday  
Time: All day



### **GO APE**

**Why Go Ape makes for a brilliant day trip:**

There's so much to learn in the forest -break out of your comfort zone, overcome heights, ziplines and grow in confidence in a safe and secure environment.

Cost: £38  
Spaces: 60  
Day: Friday  
Time: All day



### **LASER QUEST WITH PIZZA**

Enjoy an action-packed day at the Laser Quest in Weston. A pizza lunch and unlimited drinks will be included for the day.

Cost: £18  
Spaces: 48  
Day: Friday  
Time: All day



### **WESTON COLLEGE CREATIVE DAY @ Broadoak**

Creative Day at your School! You will get the chance to take part in lots of different creative activities and some team building games. The Media team will also be coming in to do some engaging activities designed to enhance your expertise in Creative & Digital fields.

Cost: Free  
Spaces: 25  
Day: Wednesday  
Time: All day



### **WESTON COLLEGE SPORTS DAY @LOXTON CAMPUS (HALSC)**

Come meet the Sports Academy Team at Weston College and take part in some of the different Sport activities that we offer. Please make sure to bring a water bottle and wear sports kit.

Cost: Free  
Spaces: 25  
Day: Thursday  
Time: All day



### **MAKING & DECORATING MUFFINS**

Cake making - Bake and decorate your own nature themed muffins where you will design, model and mould royal icing to finish your cupcake.

Cost: £4.50  
Spaces: 20  
Day: Tuesday AM, Wednesday AM, Thursday AM & Friday AM  
Time: ½ day



### **MAKING TOTE BAGS & PENCIL CASES**

Tote bag and pencil case making - Design and make your own tote bag or pencil on a theme of your choice using the sewing machine. You will also be given the option to add a design using fabric pens, fabric block printing, and embroidery.

Cost: £2.50  
Spaces: 20  
Day: Tuesday PM & Thursday PM  
Time: ½ day





### **TIE DYE YOUR OWN T-SHIRT**

Tie dye t-shirts - Design and create your own festival themed tie dye t-shirt.

Cost: £7

Spaces: 20

Day: Wednesday PM, Friday PM

Time: ½ day



### **TASK MASTER**

Come and have a go at 'Taskmaster' ... you will complete a range of tasks (some as teams and some individually) ... the aim is to be the 'Taskmaster Champion' of the session! The tasks will range from creative, to problem solving and some just plain ridiculous!! For example.... can you drop an egg from the table without it cracking? Can you create a self-portrait blindfolded? Can you find the treasure using the clues? All this and more at the Taskmaster session!

Cost: Free

Spaces: 20

Day: Monday, Wednesday Thursday, Friday

Time: ½ day AM



### **FLORAL CROWN MAKING**

Come along and make a Floral Crown - you will be making it from scratch with faux flowers. Pick your own ribbon and flowers. This session will be suitable for complete crafting beginners, all equipment and instructions will be provided on the day and you'll be able to keep the crown you make.

Cost: FREE

Spaces: 20 per session

Day: Monday - Friday

Time: ½ day



### **TABLE TENNIS**

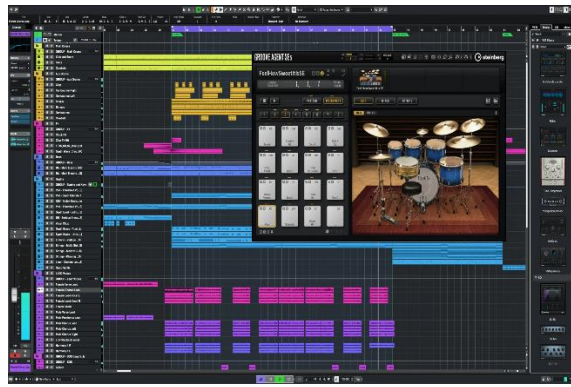
Enjoy a session of a table tennis tournament or play round robin to see if you can be the ultimate table tennis champion!

Cost: FREE

Spaces: 20 per session

Day: Monday - Friday

Time: ½ day



## **MUSIC TECH WORKSHOP – CUBASE-IT**

In this workshop you will learn the basics of our industry grade software CUBASE then go on to create and record your own tracks using a range of loops, samples, and live recordings.

Cost: FREE  
Spaces: 16 per session  
Day: Thursday  
Time: ½ day, AM & PM



## **ROCKBAND**

Whether you are an actual musician/singer or just enjoy making music, in this workshop, you will form a band with other performers and learn up to 2 songs. At the end of the day, you will record the songs and be able to download the recording as mp3.

It would be great if you can already sing or play either drums, guitar, or keyboard but it is not essential.

Cost: FREE  
Spaces: 16  
Day: Friday  
Time: All Day



## **JUST DANCE**

Want to sing and dance come and join Mrs Parkes for some Just Dance and singing fun.

Cost: FREE  
Spaces: 20  
Day: Wednesday  
Time: ½ day, AM & PM



## **MOVIE CLUB**

Come and enjoy some amazing Movie's with friends.

Cost: FREE  
Spaces: 20  
Day: Monday & Tuesday  
Time: All day

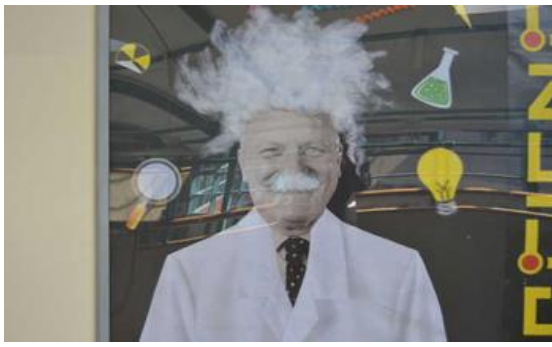


## **TENNIS**

Get a taste of some tennis lessons with our amazing PE staff.

You could discover you're the next the next Emma Raducanu or Cameron Norrie?

Cost: FREE  
Spaces: 16 per session  
Day: Monday - Friday  
Time: ½ day, AM & PM



### **THE MAD SCIENTIST!**

In this session you will see some exciting experiments with the mad scientist, Mr Bulteel.

Cost: FREE  
Spaces: 15  
Day: Wednesday  
Time: ½ day AM & PM



### **DODGEBALL**

Keep fit and have fun with a session of dodgeball.

Cost: FREE  
Spaces: 30 per session  
Day: Monday – Friday  
Time: ½ day, AM & PM



### **ROUNDERS**

Have a fun session of playing rounders in the sunshine (*hopefully*).

Cost: FREE  
Spaces: 30 per session  
Day: Monday – Friday  
Time: ½ day, AM & PM



### **A SESSION OF MINDFULNESS**

Have a go at mindfulness colouring, the benefits for you will be...

- Your brain experiences relief by entering a meditative state.
- Stress and anxiety levels have the potential to be lowered.
- Negative thoughts are expelled as you take in positivity.
- Focusing on the present helps you achieve **mindfulness**.

Cost: FREE  
Spaces: 30 per session  
Day: Monday - Friday  
Time: ½ day, AM & PM



### **BOOK CLUB**

What better way is there to spend a few hours? We can share our favourite books and chat about our favourite characters and just spend time relaxing with a great book.

Cost: FREE  
Spaces: 20 per session  
Day: Monday - Wednesday  
Time: ½ day, AM & PM



## **HOCKEY**

Come along to a hockey session with Miss Hill! We'll do some basic drills and passing practice before breaking into some games. Mixed ability so happy to have a range of players - old and new. Lots of sun and competitive spirit to be anticipated, see you there.

Cost: FREE  
Spaces: 30 per session  
Day: Monday - Friday  
Time: ½ day, AM & PM



## **ARTS & CRAFTS**

Tap into your creative skills and enjoy a chilled-out session doing some arts and crafts.

Cost: FREE  
Spaces: 30 per session  
Day: Monday - Friday  
Time: ½ day, AM & PM



## **BASKETBALL**

Join our PE staff with a fun filled session playing basketball.

Cost: FREE  
Spaces: 30 per session  
Day: Monday – Friday  
Time: ½ day, AM & PM



## **FOOTBALL**

Have fun practicing your skills and play a game of football.

Cost: FREE  
Spaces: 30 per session  
Day: Monday – Friday  
Time: ½ day, AM & PM



## **CREATIVE WRITING**

Shake up your imagination for some word play. We will be playing word games, writing a three-minute play (performance optional!) and a collective poem (not at all as scary as it sounds!) You have free reign to create stories, micro-plays or poetry. Your imagination is your only limit!

Cost: FREE  
Spaces: 30 per session  
Day: Thursday & Friday  
Time: ½ day, AM & PM



## **DEBATE CLUB**

Are you somebody who likes to argue? Do you think you are always right? If so – you are perfect for Debate Club.

You and your team will be presented with a statement or a topic and will then be given a set amount of time to prepare an argument for or against it. The goal is to come up with a good argument in a short amount of time. You won't know the topic before turning up so it is strongly recommended to read around current events and controversial topics to prepare yourself.

Cost: FREE

Spaces: 20 per session

Day: Monday - Friday

Time: ½ day, AM & PM



## **DANCE**

Become a Broadoak dance superstar! We will spend the day learning different dance steps to put into a fun and upbeat dance. You will also be able to work in small groups to choreograph your own dances to a song of your choice using your new dance knowledge! Anyone is welcome- whether you've danced a lot or never danced before! Both days will be different so feel free to sign up to both.

Cost: FREE

Spaces: 20 per session

Day: Monday & Wednesday

Time: ½ day, AM & PM



## **WHAT IN THE WORLD**

In this session we will be looking at loads of cool wonderful things that happen on our planet, from seeing a volcanic eruption to the start and aftermaths of tsunamis and earthquakes, get ready to watch tornadoes tear down tornado alley.

We will explore adventurers climbing the tallest mountains in the world in a world record breaking documentary. Witness a group of British heroes in an act of true bravery in a life-or-death rescue documentary.

There's so much cool exciting stuff on this planet, come and see what in the world is going on!

Cost: FREE

Spaces: 20 per day

Day: Thursday & Friday

Time: Full day



**ENRICHMENT WEEK 2024 CHOICES**

Please click here <https://forms.office.com/e/96Tz4W15g1> to make your choices or alternatively complete the form below and return it to Mrs Donoghue in the main office by Friday 7<sup>th</sup> June.

Name of student ..... TG .....

**Enrichment Choices**

Please choose at least 10 activities. You have five days of fun to pack in so pick a variety of session. Note, some of the workshops in school are a full day and some are half day sessions, so you'll need to bear that in mind when choosing. For the half day workshops there will be morning and afternoon sessions

**List your choices here:**

Choice 1:  
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Choice 2:  
.....

Choice 3:  
.....

Choice 4:  
.....

Choice 5:  
.....

Choice 6:  
.....

Choice 7:  
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Choice 8:  
.....

Choice 9:  
.....

Choice 10:  
.....

**We'll let you know what you have been allocated over the next few weeks.**



**BROADOAK**  
**ACADEMY**  
**Time Courage Choice**