

# KS4 Curriculum overview – PSHE 2023-24



	<b>Term 1</b>	<b>Term 2</b>	<b>Term 3</b>	<b>Term 4</b>	<b>Term 5</b>	<b>Term 6</b>
<b>Year 10</b>	<p><b>Being me in my world:</b> Students will be investigating human rights and understanding law and safety in the UK and beyond. Managing loss and bereavement.</p>	<p><b>Celebrating difference:</b> Students will explore equality in the workplace with a particular focus on protected characteristics and reasonable adjustments.</p>	<p><b>Dreams and Goals:</b> Students will discuss the impact of physical health and creating a work/life balance. Reflecting upon online profiles and impact on future goals.</p>	<p><b>Healthy me:</b> Students will investigate long-term health and common impacts to health including prevention.</p>	<p><b>Relationships:</b> Students will identify impacts of maintaining relationships and ending relationships safely.</p>	<p><b>Changing me:</b> Students will reflect upon the challenges faced by young people in society and media. How to manage change and successful decision making.</p>
<b>Year 11</b>	<p><b>Being me in my world:</b> Students will reflect upon the benefits of a multicultural society with a focus on equality and the impact of unfair treatment.</p>	<p><b>Study Skills:</b> Students will engage in a range of activities aimed at promoting transferable skills in preparation for exams.</p>	<p><b>Dreams and Goals:</b> Students will be consolidating their knowledge of life after school focussing on career aspirations, finance and healthy lifestyle choices.</p>	<p><b>Healthy me:</b> Students will be developing their strategies for managing exam stress and pressure. Identifying a range of health risks and strategies for staying safe.</p>	<p><b>Relationships/Exam prep:</b> Students will be exploring the stages of intimate relationships, including reproductive health. Investigating the Equality Act and other laws in place to keep themselves and others safe.</p>	<b>GCSE exams</b>