



# Broadoak Academy

A safeguarding guide for students and their families



**We are a community  
We look after each other**

**Safeguarding is everyone's  
responsibility**

## Useful Information

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### Broadoak Academy

[parents@broadoakacademy.clf.uk](mailto:parents@broadoakacademy.clf.uk)

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**NHS** – use the online service first if you can, to see whether you need to ring 111

<https://111.nhs.uk/covid-19/>

111 or **999** if an emergency

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### Coronavirus

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

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### Government Guidance

<https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response>

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### Help for families

<https://westonsupermare.foodbank.org.uk/>

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### Help in an emergency (police, ambulance, fire)

999

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### Help in a non-emergency (police)

101

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### Help for students

Call Childline on 08001111 (you do not need to give your name)

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Use **KOOTH** our online counselling service

<https://www.kooth.com/>

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**If you have any concerns about a student's welfare please contact us with as much information as possible at:**

**[BAsafeguarding@clf.uk](mailto:BAsafeguarding@clf.uk)**

**This email will be monitored between 8.30am and 5pm, outside of these times please contact the police on:**

**101 (non-emergency)  
or 999 (emergency only)**

## Keeping yourself and others safe.

### Some useful contacts:

**FRANK:** Support, advice and information on any issues or questions relating to drugs and alcohol 24/365 Helpline 0300 123 6600 SMS 8211 [www.talktofrank.com](http://www.talktofrank.com)

**Alateen:** Support for families and friends of alcoholics 0207 403 0888 Confidential Helpline [www.al-anonuk.org.uk/alateen](http://www.al-anonuk.org.uk/alateen)

**Rethink:** Downloadable booklets on various mental health difficulties and how to take care of yourself. Practical Mental Health Information Line 0300 5000 927 (Mon-Fri 10am2pm) [www.rethink.org](http://www.rethink.org)

**Brook Advice:** Advice around sexual health and contraception [www.brook.org.uk](http://www.brook.org.uk)

**Wanting 2BU – Sexual Identity:** For Young People in Somerset. A support Group funded by the NHS, SCC and Connect South West Limited 07857 939941 [www.2bu-somerset.co.uk](http://www.2bu-somerset.co.uk)

**Child Line:** Confidential support for any child/young person who is experiencing difficulties of any kind Talk to a counsellor on the phone 0800 1111 [www.childline.org.uk](http://www.childline.org.uk)

**NSPCC:** Child Protection Helpline 0808 808 5000 [www.nspcc.org.uk](http://www.nspcc.org.uk)

If you are worried about your or a friends safety or wellbeing you can call the **Police** on 101 non-emergency calls or 999 in an emergency

**As well as phoning the police you can call the following numbers to report a concern:**

**Single Point Access:** (if you live in North Somerset) 01275888808  
(01454 615165 at weekends and evenings.)  
<https://www.northsomersetsafeguarding.co.uk/>



## Safety online

There are lots of things you can do to keep yourself safe online. The following advice applies to any form of social media and online games sites:

- **Think before you post**

Don't upload or share anything you wouldn't want your parents, carers, teachers or future employers seeing. Once you post something, you lose control of it, especially if someone else screenshots or shares it.

- **Don't share personal details**

Keep things like your address, phone number, full name, school and date of birth private, and check what people can see in your privacy settings.

Remember that people can use small clues like a school logo in a photo to find out a lot about you.

- **Watch out for phishing and scams**

Phishing is when someone tries to trick you into giving them information, like your password. Someone might also try to trick you by saying they can make you famous or that they're from a talent agency. Never click links from emails or messages that ask you to log in or share your details, even if you think they might be genuine. If you're asked to log into a website, go to the app or site directly instead.

- **Think about who you're talking to**

There are lots of ways that people try to trick you into trusting them online.

Even if you like and trust someone you've met online, never share personal information with them like your address, full name, or where you go to school

- **Keep your device secure**

Make sure that you're keeping your information and device secure.

- **Never give out your password**

You should never give out your password or log-in information. Make sure you pick strong, easy to remember passwords.

- **Cover your webcam**

Some viruses will let someone access your webcam without you knowing, so make sure you cover your webcam whenever you're not using it.

To make a report regarding the way that someone has communicated with you online go to <https://www.ceop.police.uk/safety-centre/>

